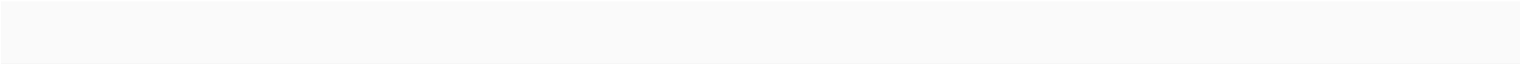


# **PERSPECTIVES OF DEVELOPMENT OF SCIENCE AND PRACTICE**

Abstracts of XIII International Scientific and Practical Conference

Prague, Czech Republic  
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# PERSPECTIVES OF DEVELOPMENT OF SCIENCE AND PRACTICE

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## **EMOTIONAL INTELLIGENCE OF TEENAGERS AS A PREREQUISITE FOR THEIR PROFESSIONAL DETERMINATION**

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The age of the teenager is distinguished in the ontogenesis of a person. During this period there is not only active sexual maturation of the organism, but also active development and formation of personality - changes in the cognitive, economical, willpower sphere; there is a crisis of identity; the need for self-assertion, identification as a member of the group, self-knowledge, self-reflection (Dolynska & Zushnikova, 2020; Karpuk & Kovalska, 2019). In addition, during this period, teenagers also face a question of professional choice. Hence it requests advice of the psychologist for teenagers and their parents (Varnavska, 2021). Psychologist faces a question of proorientational work as a part of counseling teenagers. However, career counselling includes other components – development of intellectual and volitional qualities, creative abilities, emotional intelligence. In particular, the need to recognize their own emotions and skills of management are among the necessary competencies of groups of professions of the type "person-person", as well as to requirements concerning candidates for management positions. According to D. Goleman, the level of development of emotional abilities most accurately determines the ability to lead and is a significant factor in the selection of candidates for leadership positions (Goleman, 2002). Hence the development of emotional intelligence as a component of career counseling is topical.

According to the 2019 report of the National Agency for Higher Education Quality Assurance in 2018, the institutions of higher education issued more than 171 thousand students (75 thousand social-humanitarian, 28 thousand engineering, 14 thousand medical, 12 thousand pedagogical, 10 thousand transport, 6.2 thousand of natural, 4.8 thousand of architectural and building direction, 4.8 thousand in the sphere of services, 16 thousand other specialities), and in 2019 among unemployed 30% had professional education, and 50% - higher (Ukraine. National Agency for Higher Education Quality Assurance, 2020). This indicates that about half of graduates who received the



profession may remain unemployed. According to T.Pavliuk, in 2019, the unemployment rate was 23% among the youth of 15-24 years. Among the reasons of this phenomenon are difficulties of adaptation at the workplace, lack of professional skills (Pavliuk, 2020). Let us note that soft skills belong to professional skills, among which are emotional intelligence (Kalytchak, Kharlamova & Klimenkova, 2015). It turns out that the problem of influence of emotional intellect on professional choice is actual for social and economic development of society, and for an individual.

The problem of emotional intelligence is studied both in Ukraine (I. Pavlov, M. Shpak, L. Burlachuk, O.v. Vlasova, E. Nosenko, N. Kovriga, About. Priimachenko, Y. Medinskaya, I. Chernobai, Yu. Konoplitskaya, About. Stavytska, L. Kolisnyk, I. Vasylykiv, R. Spnivnik, Z. Kobrinchuk, I. Fillipova, V. Yurkevich) and abroad (D. Goleman, R. Bar-On, D. Liucin, U. Pein, A. Pisareva, G. Gardner, J. Mayer, D. Karuso, P. Saloway, Y. Davidova, I.Andreeva, T. Panteleeva). However, the analysis of scientific sources gives grounds to consider that the question of influence of emotional intelligence on the professional choice of teenagers studying in the schools remains insufficiently investigated.

Therefore, proceeding from the above-stated, the urgency of the theme "emotional intelligence of teenagers as a prerequisite of their professional self-determination" is explained by the fact that the development of emotional intelligence includes such aspects: Understanding of own emotions and emotions of others, ability to manage emotions, ecological manifestation of emotions, development of empathies, preservation of psychological, social, emotional well-being, self-realization. After examining the impact of emotional intelligence on professional choice, we will be able to develop more detailed factors that influence the further success in the teaching of the future professional, and, accordingly, the result of obtaining professional knowledge and skills.

The purpose of our research was theoretical substantiation and empirical check of influence of emotional intelligence on choice of profession by teenagers. The logic of the research implementation includes the following tasks: 1) to develop and justify the content and relationship of understanding of "emotional intelligence" and "professional choice of teenagers"; 2) to study the impact of emotional intelligence on the professional choice of teenagers; 3) to develop the program of emotional intelligence development within the framework of professional orientation of teenagers in the work of the psychological service of the general secondary education institutions.

Realization of scientific work will be ensured by the complex application of methods of empirical and theoretical research. According to the developed research design, the following techniques and methods will be used: A) theoretical: Analysis, synthesis, description, induction, deduction, Systematization, comparison, generalization; b) empirical: Hall Emotional Intelligence Test; the "emotional Intelligence" by D. Lyusin; J.Holland's Method By Diagnostics Of Professional Orientation; Differential-Diagnostic Interest Applicant (according to E.Klimov); Questionnaire-Applicant Or Studying Of Orientation Of A Person In The Youth Age (according to V.Dmytriiev & V.Khoudikov).

The results of scientific search will allow us to define and justify the relationship between the phenomena "emotional intelligence" and "professional choice of teenagers"; to describe the factors that contribute to the formulation of this relationship; to determine the impact of emotional intelligence on the professional choice of teenagers and key determinants of such influence; To develop and test the program of emotional intelligence development within the framework of professional orientation of teenagers for realization in work of practical psychologist of psychological service of general secondary education institutions.

Prospects of further research we see in development of complex program of development of emotional intelligence within the framework of professional orientation of teenagers, experimental check of effectiveness of such program, expediency of its introduction in educational process.

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